

The
ASTRO
SURVIVAL GUIDE

Crossing the Threshold

SEPTEMBER 25 – OCTOBER 3, 2026

*A Guide for
Staying Grounded,
Open & Aligned
While the Sky
Changes*

The Astro Survival Guide: Crossing the Threshold

September 25 – October 3, 2026

I'm heading off to Alaska for a little more than a week, which means there won't be any Living Astrology broadcasts while I'm gone.

Unfortunately, no one seems to have told the planets that I'm taking a vacation.

Because a LOT is happening between the time I leave and the time I come home.

So rather than leave you on your own, I thought I would put together a little Astro Survival Guide—something you can come back to over the next week when the energy feels confusing, intense, exciting, uncomfortable, or maybe all of the above.

And the more I looked at what is happening, the more I realized this isn't really a collection of separate transits.

There is a story here.

And it begins at a threshold. (Doesn't everything lately?)

AT THE THRESHOLD

What feels complete?

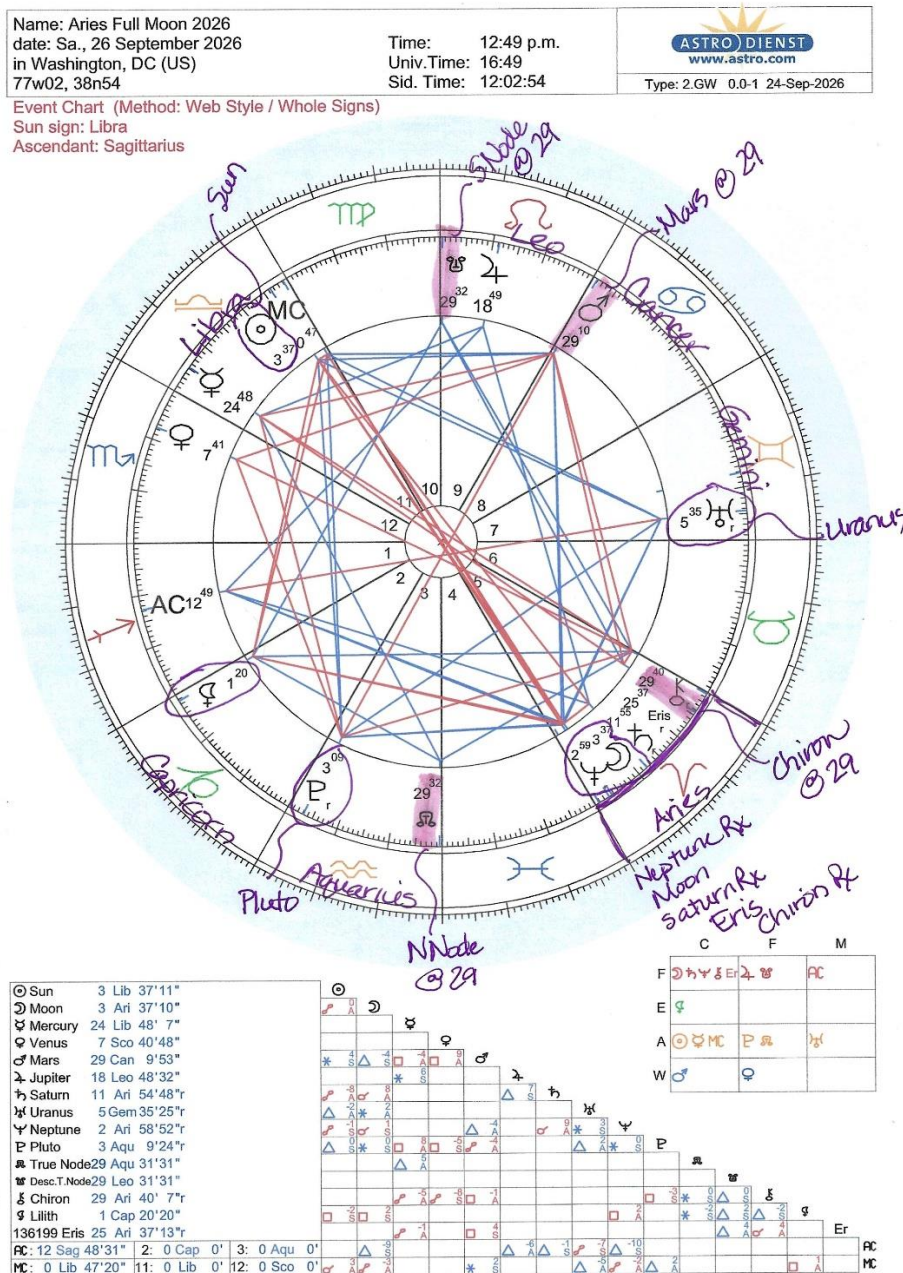
What am I ready to stop carrying?

What is beginning to stir, even if I cannot yet name it?

*What if I don't need to know where this leads before
taking the next step?*

One Story Is Ending. Another Is Beginning.

The Aries Full Moon chart tells the story beautifully.



There is an unusual collection of planets and points sitting at the very end of their signs. (highlighted in pink in the chart above) Mars is at 29° Cancer. Chiron is at 29° Aries. The North and South Nodes are at 29° Aquarius and Leo.

Twenty-nine degrees is the final degree of a sign. Whatever has been developing through that territory has reached a point of culmination. There is something here that has been experienced, learned, worked through—or perhaps can no longer continue in quite the same way.

But at the same time, look at what's happening at the *beginning* of the signs. (circled and not highlighted)

Black Moon Lilith has just entered Capricorn at 1°. Neptune is at 2° Aries. Pluto is at 3° Aquarius. The Sun and Moon are at 3° Libra and Aries. Uranus is at 5° Gemini.

Endings and beginnings are sitting side by side.

One story is finishing.

Another is already beginning.

And we are standing somewhere in between.

That's why I'm calling this **Crossing the Threshold**.

Not because I think we're headed toward something ominous we need to "survive," but because the astrology of the coming week asks us to stay grounded while something changes.

We don't necessarily know where the new road leads yet.

We only know that we're standing at the doorway.

September 25–26: The Threshold Opens

The opening act actually begins on Friday, before Saturday's Full Moon.

The Sun in Libra opposes Neptune in Aries while simultaneously trining Pluto in Aquarius.

If you've been following my broadcasts, you'll recognize Neptune and Pluto as two members of what I've been calling the **Architecture of the Future**—the extraordinary minor grand trine between Uranus in Gemini, Neptune in Aries, and Pluto in Aquarius that will be with us for the next several years.

On Friday, our Sovereign Self—the Sun—steps directly into that architecture.

The opposition to Neptune can make things feel a little foggy. Neptune is the Mystic. Neptune dissolves boundaries. It opens imagination and intuition, but it doesn't necessarily hand us a neatly printed map showing us where we're going.

Pluto, meanwhile, is transforming the deeper structures beneath our lives.

And then comes Saturday's Full Moon.

The Full Moon occurs at **3°37' Aries**, directly opposite the Sun at **3°37' Libra**. But the Moon is also sitting almost exactly with Neptune at 2°58' Aries, while Pluto sits at 3°09' Aquarius and Uranus at 5°35' Gemini.

In other words, the Full Moon plugs directly into the Architecture of the Future.

Suddenly this becomes much more than the familiar Aries-versus-Libra conversation about *me versus we*.

The question becomes:

Who am I becoming within the future that is trying to emerge?

Aries asks us to know ourselves.

Libra asks how we meet one another.

Neptune asks us to imagine beyond what already exists.

Uranus awakens possibilities we may not have considered.

Pluto transforms the structures through which power has operated.

And right there in the middle of all of this is us.

And Then Lilith Walks Into the Room

Black Moon Lilith at 1° Capricorn adds another dimension because she forms tension with this early-degree Aries/Libra Full Moon configuration.

We've already been talking about Lilith's entrance into Capricorn and the question she brings with her:

What am I no longer willing to carry simply because someone once told me I should?

That's particularly interesting after everything we've been exploring through Venus and our sacred agreements.

Aries says, **I am.**

Libra says, **We are.**

Capricorn asks about the structures, responsibilities, expectations, and agreements we've inherited.

And Lilith may simply say:

But I never agreed to that.

So this Full Moon may illuminate something that has reached the end of its usefulness.

An identity.

An obligation.

An agreement.

An expectation.

A way you've learned to keep the peace.

Or even an old version of yourself.

You don't necessarily have to know what replaces it.

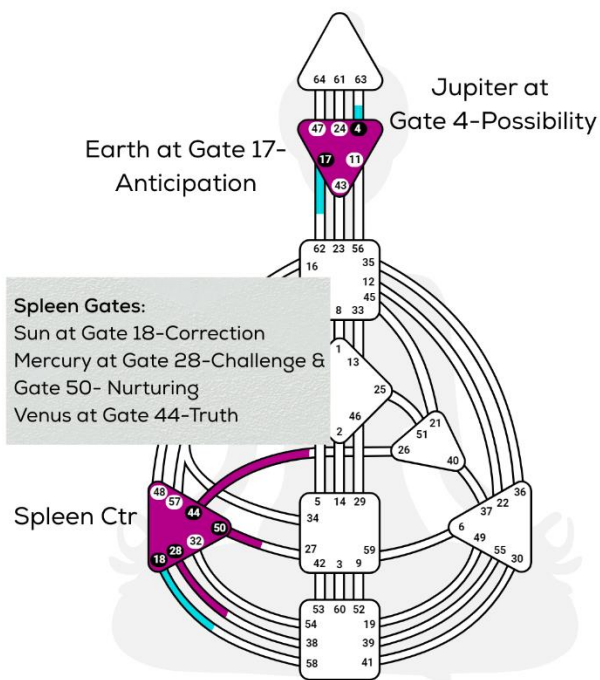
That's part of crossing a threshold.

Sometimes you know what you're leaving before you know where you're going.

September 27: Trust the Intelligence of Your Body

And then something fascinating happens the very next day.

The Sun begins its annual journey through the **Spleen Center** in Human Design.



For approximately eight weeks, the Sun will move through each of the seven gates of the Spleen.

This is where I want to advocate for something decidedly un-mystical:

Common sense.

The Spleen is associated with instinct, intuition, survival awareness, health, and fear. As the Sun begins moving through these gates—and with Mercury and Venus also traveling through Spleen gates during this period—some fears, feelings, and shadows may feel louder than usual.

That doesn't automatically mean something is wrong.

Fear is information.

Sometimes it alerts us to something that deserves our attention. Sometimes it reveals an old pattern that wants integration. Sometimes it shows us where we've been protecting ourselves long after the original danger has disappeared.

And sometimes we're simply having a feeling.

You are not your feelings.

You can experience fear without letting it become the authority directing your life.

This eight-week Spleen journey can therefore invite you to notice the fears and Shadows that interfere with your forward movement and sovereignty—and to work with them rather than letting them run the show.

Gate 18 — Correction

The journey begins with the Sun entering Gate 18, the Gate of Correction.

Its Gene Key moves through:

Shadow: Judgment → Gift: Integrity → Siddhi: Perfection.

Gate 18 can see what isn't working.

That's enormously useful.

But there is a difference between recognizing something that could be improved and deciding that everything—or everyone—is wrong.

And perhaps most importantly, that includes ourselves.

The invitation of Integrity isn't to become perfect. It is to recognize what needs adjustment and respond from a desire for greater wholeness rather than criticism.

So as we cross this threshold, perhaps the question isn't:

What's wrong with me?

Maybe it's:

What wants to come back into alignment?

That's a very different conversation.

Earth in Gate 17 — Anticipation

Meanwhile, the Earth moves into Gate 17, which brings us another fascinating Gene Keys progression:

Opinion → Far-Sightedness → Omniscience.

This pairing of Gates 18 and 17 is especially interesting because Judgment and Opinion can feed one another.

We see something we believe is wrong.

We form an opinion about why it's wrong.

Then we look for evidence proving that our opinion was correct.

Sound familiar?

But Far-Sightedness asks us to widen the lens.

Maybe we don't have enough information yet.

Maybe what looks wrong from here makes more sense when viewed from farther down the road.

Which seems particularly appropriate while we're standing at a threshold we haven't crossed yet.

Jupiter Enters Gate 4 — Possibility

Jupiter also moves into Gate 4, Possibility.

Its Gene Key moves from:

Intolerance → Understanding → Forgiveness.

I love this alongside Gate 18.

Because Gate 18 can see what needs correcting, while Gate 4 wants answers.

But what if we don't have to solve everything we notice immediately?

Understanding sometimes requires us to remain with the question.

Maybe possibilities exist that we can't see while we insist that life make sense according to what we already know.

And Jupiter—the Wise Guide—may simply make the field of possibility larger.

Mars Enters Leo: Have the Courage to Be Seen

Also on September 27, Mars leaves Cancer and enters Leo.

Our Courageous Guide leaves the waters of Cancer and walks into the Sacred Fire of Leo.

There's something wonderfully appropriate about this happening immediately after the Full Moon.

Because eventually, insight has to become action.

Leo asks us to create.

To express.

To take up space.

To risk being visible.

But sovereignty isn't the same thing as domination, and courage isn't the same thing as forcing something to happen.

Mars in Leo can remind us that there is enormous power in acting from the heart simply because something feels alive and true—not because we need applause or agreement.

Perhaps the question becomes:

What would I have the courage to do if I didn't need anyone else to validate it first?

September 28: A Glimpse of the Future

On Monday, the Sun in Libra trines Uranus in Gemini.

Now the Sovereign Self meets the Awakener.

Notice what's happened over just a few days.

The Sun has encountered Neptune.

Then Pluto.

And now Uranus.

We've moved through all three members of the Architecture of the Future.

Neptune opens imagination.

Pluto transforms.

Uranus disrupts the expected pattern and introduces something new.

So leave a little room for surprise.

A conversation may change something.

An idea may arrive.

Something you hadn't considered may suddenly seem possible.

Maybe the future isn't asking you to become better at maintaining the life you've already built.

Maybe it's showing you another way.
You don't have to act on every revelation.
Just notice what appears.

September 30: The Messenger Descends

Then Mercury enters Scorpio.

The Messenger goes underground.

Scorpio isn't particularly interested in polite conversation that skims across the surface. It wants to know what lies beneath the words.

What are we really saying?

What aren't we saying?

What motivates this?

What truth have we avoided because acknowledging it might change something?

And remember, Venus is already preparing for her retrograde journey through this territory.

We've been talking about Venus's descent and the sacred agreements we make in relationships, money, value, reciprocity, and self-worth.

Now Mercury enters the conversation.

Perhaps we're ready to put words around something we've only been feeling.

But don't assume you need to act on everything you discover immediately.

Because October 2 changes the temperature considerably.

October 2: When the Pressure Rises

Mercury in Scorpio squares Mars in Leo and Pluto in Aquarius, while Mars trines Neptune.

This could feel intense.

Mercury in Scorpio can speak with precision.

Mars in Leo can defend what matters.

Pluto can turn a disagreement into a struggle over power or control if we're not paying attention.

So this might be a good day to remember:

Not every truth has to be spoken the instant you discover it.

This is where our Spleen conversation becomes useful.

Pause.

Notice your body.

Is something actually wrong?

Or has something been activated?

Is this intuition?

Fear?

Defensiveness?

An old wound?

A need to be understood?

You don't have to deny the feeling.

But you also don't have to become the feeling.

Mars trine Neptune offers another possibility: action guided by imagination, compassion, and something deeper than the immediate need to win.

Sometimes the most sovereign response isn't the loudest.

October 3: Venus Turns Around

And then we arrive at October 3.

The story we've been preparing for finally begins in earnest.

Venus stations retrograde.

Our Keeper of Self-Worth turns around and begins retracing the territory she has already traveled.

Everything we've been noticing during the pre-shadow—the questions about relationship, reciprocity, value, money, desire, self-worth, and our sacred agreements—now enters a deeper review.

What did I agree to?

Why did I agree to it?

Does it still reflect who I am?

Have I compromised myself to maintain connection?

What do I value now?

And who am I becoming?

At the same time, Mars in Leo opposes Pluto in Aquarius.

There's a tremendous amount of will contained in that opposition.

The temptation may be to push.

Force.

Control.

Make something happen.

Prove something.

Win.

But Venus is doing the opposite.

She's turning inward.

She's saying:

Wait. We need to go back. There's something here we haven't fully understood yet.

Maybe that's the final lesson of our week at the threshold.

Don't force the crossing.

Something new is emerging, yes.

Something old may indeed be ending.

But something still needs to be retrieved, understood, integrated, or reclaimed before we move fully forward.

Your Survival Kit for the Threshold

So while I'm wandering around Alaska, probably staring at mountains, glaciers, wildlife, and hopefully a few eagles, here are a few things I'd like you to remember.

Stay in the present. Your mind can imagine a thousand futures. Your Spleen speaks about what is happening now.

Use common sense. Fear doesn't automatically mean danger, and discomfort doesn't necessarily mean you're on the wrong path.

Let endings be endings. You don't have to carry an expired identity, obligation, or agreement across the threshold just because it once belonged to you.

Don't turn feelings into facts. Feel what you're feeling. Listen to what it may be showing you. Then allow yourself time to discern what is actually true.

Question urgency. Particularly as we reach October 2–3. Not everything needs an immediate response.

Leave room for surprise. Uranus may show you an option you didn't know existed.

Don't demand certainty from something that is still becoming. Neptune reminds us that something can be real before we can completely see or explain it.

And perhaps most importantly:

Remember that you are participating in the future.

The Architecture of the Future isn't simply something happening somewhere out there in the collective.

We're living inside it.

Our choices matter.

The agreements we make matter.

The fears we choose to work through matter.

The things we refuse to continue carrying matter.

And the person who crosses the threshold doesn't have to be exactly the same person who arrived at it.

I'll be back home October 3 and back with you on October 5.

Until then, keep this guide nearby.

Pay attention to what your body knows.

Notice what life is showing you.

Be curious about what is ending.

Stay open to what is beginning.

And I'll meet you on the other side of the threshold. ♡